The Fort Huachuca Scout.

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Photo by Anthony Re

Ingide



Photo by Anthony Reed

NOS HOUSE Nine added to Audie Murphy Club rolls.



Photo by Rob Martinez

IIIth MI Bde changes command Kelley leaves, Perkins arrives.



Photo by Tanja Lint

વિદ્યાતિ Adopt the *purr*fect companion.

See page A3 See page A10 See page B1

Remembering those who protect our independence

By Thom Williams

Scout Staff

With Independence Day just around the corner I take time each year to remember the many places I've visited where brave men performed phenomenal deeds to help keep the United States independent and free.

Having had the opportunity to serve as a broadcast journalist in the U.S. Army, my travels have taken me to many sites around the globe where historic events took place and American Soldiers faced enemies with courage and determination.

I've also had the opportunity to visit the cemeteries where those brave servicemembers who made the ultimate sacrifice for America are buried.

My first experience was at the Margraten U.S. Military Cemetery, The Netherlands, where each year since 1945 Hollanders and Dutch royalty have honored those Americans who died while liberating Europe during World War II.

As a young private assigned to the now inactive 3rd Armored Division Public Affairs Office, reporting on the event for the American Forces Network-Europe radio, I witnessed Beatrix, Queen of the Netherlands, laying a wreath to honor fallen Americans during a Memorial Day ceremony attended by American Soldiers and Dutch citizens alike.

The sight of European royalty rubbing elbows with U.S. Soldiers honoring America's war dead on that bright day in May is forever etched in my memory.

Then there was Luxembourg, the tiny

country in Central Europe where each Memorial Day, citizens and American Veterans of World War II gathered among the white crosses to remember those who had fallen.

As a Soldier assigned to the television news department at the American Forces Network-Europe, I was fortunate enough to draw the assignment to travel from Frankfurt, Germany to the American Military Cemetery at Hamm, Luxembourg where a memorial ceremony is held in late May.

As I interviewed the veterans who made the trip to Europe, they shared their memories of their buddies who fell next to them in battle. The veterans would ultimately end up sobbing on camera.

These brave men had emotions that had not faded even after 40 years and could still be so evident in their tears.

Gen. George Patton who commanded the Third Army during its dash across Europe is buried in the cemetery.

There is a soft spot in the hearts of the people of Luxembourg for Americans.

A statue of Patton, binoculars in hand, stands in a park named after him in Ettelbruck, Luxembourg.

Patton's troops liberated the town of Ettelbruck on December 25, 1944.

As a Soldier assigned to the American Force Korea Network, I was assigned to cover the anniversary of the Inchon Landing where Gen. Douglas MacArthur made the bold move to break out of "Pusan Perimeter".

Veterans who came ashore on September 15, 1950 in the risky maneuver remembered their brave deeds for the microphone and video camera next to a statue of MacArthur that stands on a hill above the port of Inchon

The Inchon Landing flanked the North Korean People's Army cutting off their retreat route, and by some estimates, saving the lives of 100,000 United Nations Command troops and Korean civilians.

During our tour in the Republic of Korea, my wife Mary and I wanted to experience other Asian cultures so we traveled to Manila the Philippines in 1995 on leave.

With Clark Air Force Base and Subic Bay Naval Base at Olongapo shuttered, Americans were few and far between in the capital city.

Our hotel offered a city tour which included a visit to the Manila American Cemetery and Memorial.

The facility is maintained by the American Battle Monuments Commission and is located on the former U.S. Army Fort William McKinley.

Once again, the crosses stretched as far as the eve could see with manicured lawns, bright green and lush thriving in the tropical climate.

We seemed to be the only visitors to the eerily quiet facility that contains the largest number of graves of our military dead of World War II.

There are 17,206 buried at the 152-acre facility. Most of them gave their lives in the operations in New Guinea and the Philippines.

The names of 36,285 missing servicemembers who rest in unknown graves are inscribed in limestone at the Memorial

During a trip to Europe in 1999, Mary

and I had the opportunity to drive to the beaches in Normandy, France where servicemembers scrambled to shore on D-Day.

The shops and businesses around Gold, Juno and Sword Beaches cater to the British tourists who visit the historic sites where the British and Canadians stormed ashore to begin the liberation of Europe on June 6, 1944.

The wind-swept beaches, code-named Omaha and Utah, where the Americans fought their way on to the continent are more primitive and less commercial.

It wasn't hard to imagine the great armada that brought ashore the forces that gained the allies a foothold that eventually defeated the Nazis.

My ever-insightful wife wondered aloud what Frenchmen were doing on that day while Americans who had just stepped off the farm lay dying on the beaches in the fight to liberate France.

We walked to the top of Pointe-du-Hoc, high ground that looked down on Utah Beach to the left and Omaha Beach to the

Rangers from the 2nd and 5th Battalions scaled the cliffs and knocked out German guns that were trained on the beaches and helped gain the foothold that freed a

America's Greatest Generation is aging and many of the old Soldiers, Sailors Airmen and Marines are fading away.

So as Independence Day draws near, let's remember those Americans who performed and are performing heroic deed ensuring America's freedom and independence.

Independence Day holiday safety

This Fourth of July Americans everywhere will celebrate the independence of our great country. Cookouts, patriotic parades, band concerts, and fireworks displays are all ways we commemorate the extraordinary success of a bold experiment in democracy begun back in 1776. Our success continually serves as an inspiration to people throughout the world.

We are lucky to be Americans. The privileges of living in this great country are accompanied by equally great responsibilities and sacrifices. I ask all of you to keep some things in mind as you and your families are enjoying the Independence Day holiday and festivities. First, take time to think about the sacrifices that have been made for the past 230 years so that we are able to enjoy freedom today. Realize that liberty comes at a heavy price – paid with the blood and lives of our fellow Americans. I encourage you all to celebrate our great country on this patriotic day. Remember the sacrifices of those who came before us. Remember the duties and responsibilities of citizenship that we carry each day, for it is up to each and every one of us to keep America free.

Be safe. Vigilance is still the watchword. Think about where you are and what you're doing. Always take appropriate security precautions. Have fun but practice safety at all times. Make reasonable travel plans and always use your seatbelts. I'd also like to remind you of the new cell phone policy implemented which prohibits the use of cell phones while driving on post or off post. Take precautions when riding a motorcycle. There will be increased traffic on the road this weekend. When riding, use protective gear to help prevent injuries. Arizona temperatures quickly top 100 degrees. Local lakes attract many visitors over the Fourth of July and as we have seen in the past, tragically not all who visit the lakes come home

Your efforts over the Memorial Day holiday weekend proved successful with no reported fatalities or serious injury. Let's have another great weekend and repeat our performance. Be safe! I want you all to come back after this long weekend healthy, well rested, and energized

> BARBARA G. FAST Major General, U.S. Army, Commanding

The Fort Huachuca Scou

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The Fort Huachuca Scout®

Nine Soldiers join 'American Hero'

Story by Anthony Reed

Scout Staff

"Just a kid too young to shave... but old enough to win every medal his country had to give!" (From the cover of the program for the Audie Murphy Club induction ceremony)

Audie Murphy was a war hero, movie actor, song and poetry writer. He lived a brief 46 years, but left a lasting impact on American history. Initially rejected by the Marines and Paratroopers because of his small physical stature, he was a giant in the U.S. Army – spending more than 400 days on the front lines, earning 33 military awards, citations and decorations. He was the most highly decorated and greatest combat Soldier in American history.

"Audie Murphy is synonymous with NCO excellence," said Sgt. 1st Class Jeremy A. Toor, vice president of the Sergeant Audie Murphy Club here. "The Sergeant Audie Murphy Club recognizes the most outstanding NCOs [noncommissioned officers] in the Army."

Nine Fort Huachuca Soldiers were honored with the prestige of being inducted Friday. They are:

1. Sgt. 1st Class Tynisha James, Company A, 305th MI Battalion, 111th Military Intelligence Brigade

- 2. Sgt. 1st Class Robert Leach, Company B, 305th MI Battalion, 111th MI Brigade
- 3. Sgt. 1st Class Anthony Matthews, Company B, 309th MI Battalion, 111th MI Brigade
- 4. Staff Sgt. David Mendoza, Jr., Company B, 86th Signal Battalion, 11th Signal Brigade
- 5. Sgt. 1st Class Timothy O'Bryan, Company B, 305th MI Battalion, 111th MI Brigade
- 6. Staff Sgt. Christian Y. Ortiz, Company B, 304th MI Battalion, 111th MI Brigade
- 7. Sgt. 1st Class Roderick Taylor, Company B, 304th MI Battalion, 111th MI Brigade
- 8. Staff Sgt. Jennifer Lee, Company B, 304th MI Battalion, 111th MI Brigade
- 9. Staff Sgt. Yolonda Williams, Headquarters and Headquarters Company, 111th MI Brigade

There are stringent requirements for candidates to be considered for membership. They have to be recognized as outstanding NCOs by their first-line leader all the way to their battalion command sergeant major. They also have to participate in and

See **HERO**, page A4

IMA employees must safeguard personal identifiable information

Scout reports

All Installation Management Agency employees are responsible for safeguarding personal identifiable information, IMA officials state. As a federal agency, IMA maintains a significant amount of personal information.

"We have a fiduciary responsibility to protect that information from loss or abuse," said Brig. Gen. John MacDonald, IMA director. "The loss of personal identifiable information can result in substantial harm to individuals and may lead to fraudulent use of information."

IMA is regulated by Department of Defense rules of conduct regarding collection and safeguarding of personal information, as set forth in DoDD 5400.11, Enclosure 3, which

mandates

DoD personnel shall:

·Take such actions, as considered appropriate, to ensure that personal information contained in systems of records, to which they have access to or are using incident to the conduct of official business, shall be protected so that the security and confidentiality of the information is preserved.

·Not disclose any personal information contained in any system of records, except as authorized by DoDD 5400.11-R or other applicable law or regulation. Personnel willfully making such a disclosure when knowing that disclosure is prohibited are subject to possible criminal penalties (\$5,000 fine) and/or administrative sanctions.

See IMA, page A6



Photo by Thom Willian

Thanks to all for a successful CISM:

Over the last two weeks, Fort Huachuca had the honor of hosting the 27th Conseil International du Sport Militaire World Military Volleyball Championships. The event was a huge success and once again Fort Huachuca has set the standard for these international competitions. However, an event such as a CISM championship only happens with the hard work and dedication of the entire Fort Huachuca team.

In addition to all the Garrison elements, and especially the Morale, Welfare and Recreation sports staff, I want to personally thank all the units who provided Soldiers who served as drivers, escort officers, shaggers and moppers, and many other key positions. The 11th Signal Brigade and the 111th Military Intelligence Brigade had the largest share and were always ready to help when asked. Thanks as well to our non-military volunteers who made this tournament a success.

A special thanks to Chief Warrant Officer (P) Kendall Brown and the entire crew of the Thunderbird Dining Facility who extended hours to support the feeding of all athletes and staff. Once again, the Thunderbird staff excelled!

Our commercial sponsors are always critical and thanks to our two newest sponsors, Precor and Hooah!

Finally, there were four Garrison elements that were the heart of this operation and deserve special recognition. Les Woods and his world-class MWR Sports Team, Donna Studebaker and the Directorate of Logistics transportation team, the entire Directorate of Plans, Training, Mobilization and Security Operations Center staff who ran the 24/7 CISM command post, and our magnificent Public Affairs team.

These events require a lot of effort and sacrifice on the part of many. Again, we thank all who helped us during this tournament; we could not have done it without you.

The value of these competitions transcends sports. During the final days when we saw Chinese athletes learning to play "garbage band" from American athletes, you realize "Friendship through sport; Peace among nations," the CISM motto, is more than words. As the credit card commercial says: The opportunity to change a Chinese soldier's perception of the American military; Priceless.

Col. Jonathan Hunter Fort Huachuca Garrison Commander



Civilian of the Month Dennis Clowser, Fort Huachuca Fire Department, inspects one of the new Breathing Apparatus the department recently received.

Fort hero is June's Civilian of the Month

Story and photo by Rob Martinez

Scout Staff

After a controlled burn, Firefighters Dennis Clowser and Anthony Crone, Fort Huachuca Fire Department, were mopping up and noticed several smoke sources in an old dump area that had burned days earlier. Debris in the ground was still burning.

Crone was carrying the hose, and Clowser was a few yards behind him. Suddenly, the ground gave way beneath Crone and he fell into a fourfoot hole, up to his chest. Wood and cut brush had been burning in the hole for days, and the intense heat from the embers melted his boots. His Kevlar fire pants had burned to the point that they were no longer protecting him. Crone had injured both knees in the fall and the top of the pit kept crumbling in on him as he tried to escape. Clowser saw Crone struggling and rushed over to help. Disregarding possible harm, he reached into the pit and scooped Crone up.

Because of Clowser's quick thinking and decisive action, Crone was not seriously burned. For his action, Clowser was named June Civilian of the Month. "I'm surprised about the whole thing," he said, "but happy. I would never figure getting something like that."

Clowser believes that any of the firefighters would have done the same thing; he just happened to be the one there. "We all live together. We see each other more than our families, so it's like a brotherhood," he said. He also warned people to "stay away from a burn." The trees' roots can be burning for a while, creating pits of extreme heat.

Clowser is married and has two sons, and has been a fire fighter on the Fort for more than six years. He was also a fire fighter in the Navy.

Six others were nominated for the June Civilian of the Month competition: Diane Quast, Delane Baur, Keith Young, Denise Leininger, Melvin Cheeley, and Betty Andrews

For his accomplishment, Clowser will receive the use of a car for one month from Lawley Chevrolet; gift certificates from Sierra Vista merchants; a desk plaque from the Civilian Personnel Advisory Center; a Morale, Welfare and Recreation certificate for lunch or dinner from a Fort Huachuca establishment; a wall plaque from the Sierra Vista Chamber of Commerce; and his/her name, as Civilian of the Month, posted at the Main Gate.

Nominate your deserving employee for Fort Huachuca Civilian of the Month. All permanent appropriated fund and nonappropriated fund employees are eligible with the exception of employees officially assigned as supervisors (GS-10 and above) and senior executive service personnel. Contact the Civilian Personnel Advisory Center at 533-5282 for further information.

Recognition Ceremony for redeployed Soldiers held Monday

Story and photo by Rob Martinez Scout Staff

Maj. Gen. Barbara Fast, commander U. S. Army Intelligence Center & Fort Huachuca, and Command Sgt. Maj. Franklin Saunders, USAIC & Fort Huachuca, recognized and awarded certificates to Soldiers who returned from deployment in a Welcome Home Ceremony Monday honoring their

Fast set up the ceremony to enhance the feeling of camaraderie between returning troops. "What I want to do,' she said, "is have a quarterly ceremony like this because ... our men and women go out and do things that are terrific. Whether in Iraq, Afghanistan, somewhere on the peninsula, or in the heart of Africa, you're serving the nation ... and in harm's way, every day...

"I want to let you know that every one of you is a hero ... and made a difference; ... your contributions have been significant.

"We at Fort Huachuca appreciate what you do, and we want to welcome you home and say, 'Welcome back to Fort Huachuca.'"

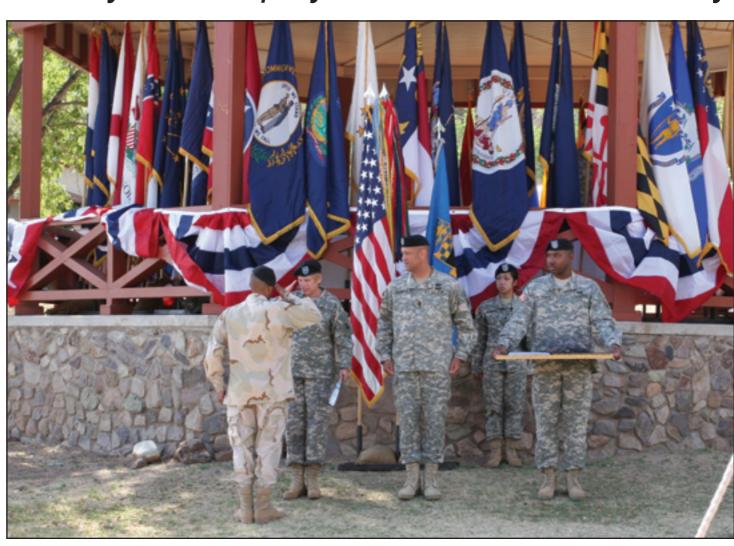




Photo by Anthony Ree

The newest members of the Sgt. Audie Murphy Club gather for a military career," said Taylor. group photo. "I'm already promotable, so

From **HERO**, page A3 _

receive a recommendation from a Sergeant Audie Murphy Board at the battalion- and brigade-level.

According to Toor, the post Sergeant Audie Murphy Board is the most rigorous process that demands a high skill level in all NCO and Soldier-related tasks that include everything from basic rifle marksman-

ship to leadership. "Most of the events on the board are hands-on and situational," he said.

For new inductee Leach, a drill sergeant, it was an eight-month process to get to the induction date. "This has been a dream of mine for about four or five years," he said. "My assignment as a drill sergeant helped a lot with studying."

Another drill sergeant, James, reiterated Leach's comments. "There's a lot of hard work involved with preparing for this. I spent the little off-duty time I had studying."

"It's a great step in my military career," said Taylor. "I'm already promotable, so that wasn't an incentive for me. I always admired others who

were a part of this excellence."

"Being inducted is like icing on the cake for me," Matthews said. "Preparing for it was knowledge-based. Taking care of Soldiers is what I do every day."

"I want to be like Audie Murphy," Williams said. This is something I've always wanted to do." "Some of the best sergeants I know are in the Audie Murphy Club. I was trained by the best, so I wanted to be a part of this as well, to pass what they gave me."

""I've done a lot of good things in the military," Lee said, "but this is the highest achievement so far."

I heard it was something really hard to do," said Ortiz. "I wanted to see if I was up to the challenge. You already have to be a good Soldier to be considered. Now people will know what I'm really made of."

"Bringing all my Soldiers back from Iraq was my greatest military accomplishment," O'Bryan said., "but being a member of the Sergeant Audie Murphy Club is a close second."

The ceremony featured a surprise for a senior noncommissioned officer. Sgt Major Juergen Stark, German Liaison sergeant major, was honorarily inducted. "I am truly honored to be a part of this organization," he said.

The Sergeant Audie Murphy Club is heavily involved in community service, conducting food drives and making donations to other charitable organizations. Currently, the Audie Murphy Club is building a dog park on post.

Guest Speaker, Maj. Gen. (ret.) John Thomas, Jr. praised the NCO corps as being the "model of excellence for other nations to emulate."

The club's namesake would be proud.

From IMA, page A3

Report any unauthorized disclosure of personal information from a system of records or the maintenance of any system of records that are not authorized by DoDD5400.11 to the applicable Privacy point of contact for his or her DoD component.

·DoD system managers for each system of records shall ensure that all personnel who either have access to the system of records or who shall develop or supervise procedures for handling records in the system of records shall be aware of their responsibilities for protecting personal information being collected and maintained under the DoD Privacy Program.

"All IMA military, civilians and contractors, must ensure that information is collected, maintained, used and disseminated only as authorized by law and regulation, and that the information is continually safeguarded," MacDonald stated.

The IMA point of contact for matters relating to the protection of personal identifiable information is Brenda Kopitzke, chief, Administrative Services Branch, Human Resources Division. She may be reached at (703) 602-2262. Or, e-mail her at Brenda. kopitzke@hqda.army.mil.



Photo by Staff Sgt. Jeff Troth

Chief Warrant Officer Varick Williams (center) takes down a target with his 9mm. Capt. Stephen Christian scans his lane for his next target, while Spec. Samuel Stephens stands by to record his hits. All three are Soldiers from Network Enterprise Technology Command/9th Army Signal Command who were taking part in the unit's quarterly 9mm qualification range firing.





Buffalo Jills Cheerleaders "hang" with troops

Story and photos by Rob Martinez

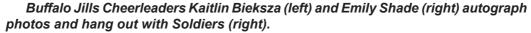
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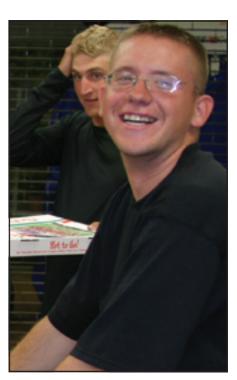
The Army Air Force Exchange Service and the Morale Welfare and Recreation Directorate brought Buffalo Jills Cheerleading team members, Kaitlin Bieksza and Emily Shade, to Fort Huachuca. The Jills are the professional cheerleading squad that supports the Buffalo Bills National Football League team.

Soldiers and family members met with

the Jills during a series of events Friday and Saturday. "It's a great program," said Bieksza. "It's a real privilege to be chosen to go down here. There are about fifteen girls who sign up for every visit. And you have to be chosen; this time it was only Emily and I. They usually take between two to four girls. It's really a great experience; you get to meet wonderful people and they treat you so nicely. And now I can see why every girl battles to get to go on these visits. It's

See **JILLS**, page A14







111th MI Intelligence Brigade gets new commander



The outgoing Commander, Col. Thomas Kelley, performs a final inspection of his brigade. From left are 111th MI Brigade Deputy Commander Lt. Col. Brian Clark; incoming Commander Col. Dennis Perkins; outgoing Commander Col. Thomas Kelley; and Maj. Gen. Barbara Fast, commander USAIC & Fort Huachuca.



Story and photos by Rob Martinez

Scout Staff

During a Change of Command Ceremony here at Chaffe Parade Field, former Commander of the 111th Military Intelligence Brigade Col. Thomas Kelley relinquished command to Col. Dennis Perkins. Kelley was in command from June 16, 2004 until last Friday.

Kelley, echoing outgoing Commander Lt. Col. Thomas Miller from the 309th Military Intelligence Battalion Change of Command on June 9, mentioned that many of the Soldiers, Airmen, Marines, and Sailors in the formation were 15 and 16 years old on Sept. 11, 2001. He said that these service members are America's finest, and upon his request, the audience stood and applauded them.

To Perkins, he said that the brigade consisted of the most professional and effective people, and to "... take care of this team and they will move

Perkins, who was once commander of the Fort's 309th Military Intelligence Battalion like Kelley, expressed his pleasure in

mountains for you."

returning to Fort Huachuca.

Kelley had served as commander

of the 309th from July

2000 to July 2002

when Perkins took command. Kelley then moved on to his next assignment at the Futures Development Integration Center here.

Perkins was first assigned to Fort Huachuca during the summer of 2001, when he took over as the Chief, Technical Support Division, Intelligence and Electronic Warfare Test Directorate.

"Coming back to Fort Huachuca is absolutely fantastic," he said. "I am truly honored and humbled to be selected as the Commander of the 111th MI Brigade and have the opportunity to serve our Army in a senior

leadership position during a time of war. The tasks of ensuring the Soldiers within the Command, and the thousands that will follow them, are prepared for the challenges that confront our Army and Joint Force now and in the future is one that I feel very privilege to be a part of."

The 111th Military Intelligence
Brigade provides command and control
for thousands of cadre and students
combined. The Brigade consists of
five battalions, an Air Force training
squadron, and a Marine detachment.
Sailors train there as well. The 111th
MI Brigade's mission is to train

soldiers to be Military

professionals. To

this, the brigade

training that is

Force.

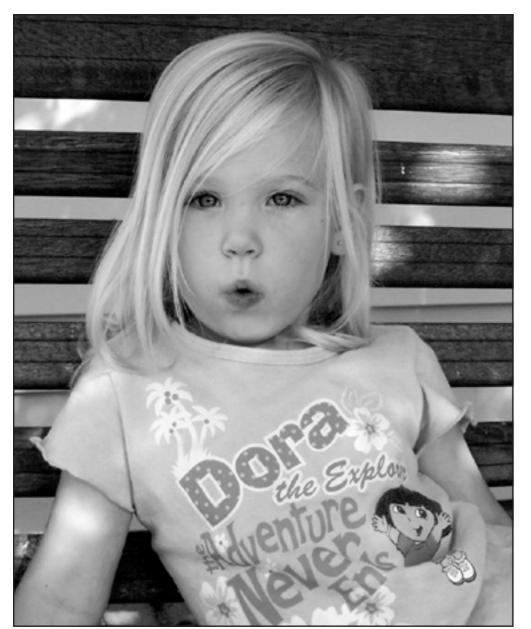
to the present and

needs of the Army

is to train
Intelligence
accomplish
develops
relevant
future
and Joint

During the 111th Military Intelligence Brigade's Change of Command Ceremony, Command Sgt. Maj. Robert Edwards gave the brigade flag to Col. Thomas Kelly who relinquished command to Col. Dennis Perkins.

Fort Huachuca family member wins in All-Army Photo Contest



By Rob Martinez

Scout Staff

Theresa Grimm of Fort Huachuca won first place in the Monochrome People category with her photo, "Little Miss in Black and White," in an Armywide photo contest put on by U.S. Army Morale Welfare and Recreation.

"It's the funniest of things, because my old next door neighbor's daughter had this continuous fascination with my porch swing, and I just shot it. It was one of those unplanned things," she said.

Although her husband and children had been encouraging her to submit to contests for the last few years, this is Grimm's first contest. "They [her family] were finally just relentless with it; I went ahead and picked some photos and submitted them.

"I was actually really excited when I got the original email notifying me that I had won. I feel really good about it. Just anything would have been great, but when I realized it was first place, I said 'Oh my God, that's won-

The model is 3-year-old Allycia Flowers, who is quite nonchalant about the whole ordeal, but she enjoys getting her photo taken, Grimm said.

Grimm said she takes a lot of photos, using a point-and-shoot type, Kodak DX 7590. "I like going out to Garden Canyon and shooting things, I've gotten really good at catching lizards and dragon flies, butterflies -- they're one of my personal favorites right now. I shoot a lot of sunrises and sunsets, the clouds; the mountains are a big thing."

She's recently been shooting nighttime photos from Reservoir Hill, of Fort Huachuca, Sierra Vista, and the moon. "It's a challenging thing to get those pictures just right. I use a lot of manual settings ... instead of preset

"This is good stuff. It's also relaxing."

Grimm said that she just picked up the camera and decided she was going to teach herself to take good photos. "This camera that I have worked for that, but now it's time to go to the next level," she said. "My husband looked at my camera wish list, and he said, 'I don't think so.'" Grimm's list is pricey, but she is hoping to sell some of her photos to help support her hobby, and the fact that she won first place has boosted her confidence.

Range closures

Thursday – AM, AU, AW, T1, T1A, T2 Friday – No Closures Saturday – T1, T1A, T2 Sunday – T1, T1A, T2

Monday – No Closures Tuesday – No Closures

Wednesday – AC, AD, AP, AQ

For more information on range closures contact Range Control 533-7095. Closures are subject to daily change.

ACS offers volunteer opportunities

The Army Community Service is offering the chance for people to share their skills and develop new ones in a volunteer setting.

Some of the groups that need volunteers are the Parent-Tot Playgroup, The Domestic Violence Victim Advocate Program, the Financial Assistance Program, and Army Family Team Building.

For more information, call 533-2330.

The Chapel Food Locker is in need of donations.

Please donate some of the following items: canned goods, meats boxed goods, peanut butter, jelly, bottled salad dressing, mayonnaise, mustard, ketchup, relish, cereal, cake & brownie mixes, dry package pasta, spaghetti sauce, Kool-Aid, crackers, diapers, pull-ups, baby items. If donating "fresh" hamburger, please package in one pound packages.

For more information, call Jo Moore at 533-4748.

ICE

Interactive Customer Evaluation is now available to assist us in assisting you. We want to hear from you! ICE is a simple way to provide feedback on the installation agencies.

Log onto http://ice.disa.mil, Click on Army CONUS, select Ft. Huachuca and the category of service, and provide your feedback.

Reporting wildfires and other emergencies

To report a suspected wildfire or other emergencies on Fort Huachuca, dial 911.

Callers with cellular phones may also call 533-2111. To reach a dispatcher at Fire Station 1, call 538-1535.

Dental Clinic staffing shortage

Due to the Dental Activity change of command on July 6, Runion Dental Clinic will be working with a limited staff for sick call until 8:30 a.m.

\$1,000 referral bonus offered

Soldiers can earn a \$1,000 lump sum payment for referring someone who enlists, completes basic training, and graduates from Advanced Individual Training.

Referrals must not have previously served in the Armed Forces. Individuals who are referred must enlist in the active Army, Army Reserve or Army National Guard. The referrals must not be immediate family members. (See selected article, page A10.)

The Soldier referring must not be serving in a recruiting or retention assignment.

Exceptions are staff members who are not directly involved with the processing of applicants including staff members receiving special duty assignment pay.

Future Soldiers and Soldiers who are performing duties in the Hometown Recruiter Assistance Program, Special Recruiter Assistance Program, and Active Duty for Special Work Program are also eligible for the bonus.

For Army and Army Reserve referrals, call 1 (800) 223-3735 extension 6-0473 or visit the Web site at usarec.army.mil/smart. For Army National Guard referrals, call 1 (800) 464-8273 ext. 3727 or visit the Web site at 1800goguard.com/esar.

DMPO closed for afternoon tomorrow

The Defense Military Pay Office will be closed tomorrow from noon-4 p.m. for their annual Organizational Day activities. In order to provide customer service, the Finance Office will be open from 8 a.m. to 3 p.m. on June 29 and from 8 a.m. to noon on June 30. In case of emergencies, contact John Payne at 236-5253.

AETNA representative here in July

A representative from AETNA will be here on July 12 from 11 a.m. to 1 p.m. at Murr Community Center, Room # 5.

Employees currently with AETNA or those considering AETNA as their health plan are encouraged to stop by and speak with the representative.

For more information contact the Civilian Personnel Advisory Center at 533-5273 or 533-5735.

Fort Huachuca "Thunder on the Mountain" motorcycle fun run

Tomorrow at 8 a.m. and starting at Chaffee Parade Field, the Fort Huachuca Safety Office is sponsoring a group motorcycle ride in conjunction with the installation Motor Vehicle Safety Day. After a safety briefing, riders will travel to Black Tower and back to the Thunder Mountain Activity Center.

Along with the ride, there will be a Motorcycle Skills Rodeo at the TMAC

motorcycle range as well as a "Slow Ride" competition.

There will be plaques for the winners. Refreshments will be available for purchase.

Everyone is invited to show off their bike and/or riding skills.

For more information, call the Safety Office at 533-0558.

RWBAHC lobby undergoes facelift

Phase three of the Raymond W. Bliss Army Health Center renovation project began last week with the start of work in the front lobby. The front or main entrance is closed and patients must access the health center through the entrance in the courtyard area between the Occupational Health Clinic and the main health center.

Parking remains the same and hospital personnel are posted in front of the health center to help patients find their way. The RWBAHC staff apologizes for any inconvenience and appreciates everyone's patience through completion of the project.

Museums closed Tuesday

The Fort Huachuca Museums and Museum Gift Shop will be closed on Tuesday for the July 4th holiday.

Dry Cleaning and Alterations, MCSS change hours

The Dry Cleaning and Alterations located within the Military Clothing Sales Store, Building 80501 is changing their hours effective Saturday.

CURRENT HOURS

Monday-Friday

11 a.m. - 7 p.m.

Saturday

11 a.m. - 4 p.m.

Closed

Sunday

closed

Chaplain's Corner

Protestant Sunday Services

8 a.m. Episcopal
8:30 a.m Lutheran
9:00 a.m. Gospel
9:30 a.m. Protestant
11 a.m. Cross Roads

Roman Catholic Worship Mon.-Fri.

11 a.m.

Mass 11:30 a.m.
Saturday Confession 4 p.m.
Saturday Mass 5 p.m.
Sunday Mass 9:15 a.m.
Sunday Mass 11:30 a.m.

Collective Protestant

Jewish Worship

Friday 7 p.m.

Protestant

• PWOC Tuesday 9 a.m. & 6 p.m.

• Women's Ministry Bible study

1st, 3rd Friday 6 p.m.

• Bible Study/Choir Practice

Thursday 6 p.m.

• Ministerial Staff Training

Tuesday 6 p.m.

• Men's Choir Rehearsal

Tuesday 7 p.m.

• Youth Fellowship

3rd, 4th Saturdays 8:30 a.m.

• Women's Choir

2nd Tuesday 7 p.m.

• Women's Choir

5th Saturdays 11a.m.

• Youth Church 1st, 2nd, 3rd, & 5th Sunday 9 a.m.

Catholic

CCD Sunday 10:45 a.m.

Adoration of the Blessed Sacrament

Friday 3 - 6 p.m.

Korean

OCIA Friday 7 p.m.

MCCW 1st Friday 9 a.m.

Choir practice Friday 6:30 p.m.

Muslim Prayer

Friday 12:15 a.m.

Orthodox Divine Liturgy

closed

1st & 3rd Sunday 9:30 a.m

Latter Day Saints Service

Sunday 1 p.m.

Youth Ministries

• Middle school Sunday 4 - 5 p.m.

• High school

Sunday 5:30 - 7 p.m.

Legend

Main Post

Main Post, Room 24

Main Post Blessed Sacrament Chapel

Prosser Village

Kino Chapel

Eifler



From **JILLS**, page A8

something I'll always remember."

Shade added, "It's really awesome, we are really excited. We went through all the museums, and they were telling us all about the Buffalo Soldiers. It was really great."

Spc. Russ Collins, Honor Guard, Headquarters and Headquarters Company, U.S. Army Garrison, was in agreement. He met the Jills during a dinner party set up for the Better Opportunities for Single Soldiers members. "I think this is a great promotional thing for AAFES and MWR, and the BOSS program. I hope we can take advantage of this, get some sponsorship and things like that," he said.

Colleen Murray, Fort Huachuca Post Exchange store manager, said, "I think it was a great morale booster for the military. The Jills volunteered for free ... They just really want to come down and show their support for the military and their families.

"Every one of the troops were very respectful; the families loved it, the parents too – they had a cheerleading camp today - it was just overwhelming support from the girls and the parents.

"For everybody that lined up at the theater in the hot sun, they [the Jills] went out in the hot sun and signed autographs ... everybody was very appreciative."

AAFES and MWR worked together to set up all the events. Saturday ended with a last-minute game at Desert Lanes Bowling Facility. The Jills asked the



Saturday ended with a last minute game at Desert Lanes Bowling Facility between the Jills and members of Better Opportunities for Single Soldiers.

soldiers attending the BOSS party if they wanted to go bowling, and Murray coordinated with David Wall, Desert lanes Bowling Facility manager, and set things in Motion.

Bieksza and Shade, both from Buffalo New York, left Fort Huachuca Sunday to go back home. Bieksza said that Arizona wasn't what she expected. "I was really surprised ... I was expecting the typical desert scene; you know, dry land and cactus everywhere. I was so surprised to see all the mountains. It's wonderful here and everybody has been so nice to us, and we are so appreciative for everything."

Advertisement

The Fort Huachuca Scout®

June 29, 2006



Triaminic brand Vapor Patches recalled

Scout Reports

The Army Air Force Exchange Service issued a worldwide hazardous recall of Triaminic brand Vapor Patches in the mentholated cherry and menthol scents on June 21 due to the serious adverse health effects that could result if a child removes the patch and chews on it.

Consumers should immediately discontinue use of this product and return it to the store for a full refund or discard it.

Novartis Consumer Health, the maker of the product, in cooperation with the Food and Drug Administration is recalling all lots of the vapor patch products.

According to a news release on the manufacturer's Web site, the Vapor Patch is labeled as a cough suppressant for children 2 years of age and older.

The directions on the label indicate the patch is to be applied to the throat or chest to allow the vapors to reach the nose and mouth.

Once applied, a child could remove a patch and place it in his or her mouth.

There have been reports of multiple complaints received.

The reported adverse events associated with swallowing the products containing camphor or eucalyptus oils can vary from minor symptoms, such as a burning sensation in the mouth, headache, nausea and vom-

According to a news release on the iting, to more severe reactions, such anufacturer's Web site, the Vapor as seizures.

For more information about the recall, contact the Novartis Consumer and Professional Affairs Call Center at 1-800-452-0051 or visit www.tri-aminic.com.

Any adverse reactions experienced with the use of this product should also be reported to the FDA's MedWatch Adverse Event Reporting program online at www.fda.gov/MedWatch/report.htm, by phone 1-800-FDA-1088, or by returning the postage-paid FDA form 3500, which may be downloaded from www.fda.gov/MedWatch/getforms.htm by mail to MedWatch, 5600 Fishers Lane, Rockville, MD 20852-9787 or fax it to 1-800-FDA-0178.

MI HALL OF FAME WELCOMES NEW MEMBERS



New MI Hall of Fame inductees included (from left): Lt. Gen. (ret.) James King, Maj. Gen. (ret.) Robert Halverson, Thomas Dillon, the family of Col. Jon Jones, and Lt. Col. (ret.) James Chambers.

Story and photo by Anthony Reed

Scout Staff

The U.S. Army Military Intelligence Corps held the 2006 Hall of Fame Ceremony Friday in Alvarado Hall, inducting five new members with more than 127 total years of service.

The inductees are:

1Lt. Col. (ret.) James Chambers

2Lt. Col. (ret.) Thomas Dillon

3Maj. Gen. (ret.) Robert Halverson

4Col. (deceased) Jon Jones

5Lt. Gen. (ret.) James King

Chambers is cited as being the person who implemented and promoted the establishment of the MI Corps under the Army's Regimental System. He established the MI Corps Hall of Fame.

"To be put in the same class as those already in the Hall of Fame is beyond belief," Chambers said. "I think this is wonderful for the MI School, wonderful for the MI Corps. To me, this is more than just icing. This is the whole cake."

Dillon's career covers more than four decades. both as an active-duty Soldier and a senior intelligence executive. He spearheaded efforts to reconstitute the Army Human Intelligence capability.

"This is the capstone of my military intelligence career," Dillon said. "It's a high point I never dreamed of. I keep thinking of other men and women who are more deserving. It's also a great opportunity for me to visit Arizona again."

Halverson spent 39 years serving and working

with and for Soldiers, listing his stint as Division Commander and commander of the Multi-National Division (North), Stabilization Force 7 in Bosnia-Herzegovina.

"I am really honored to be recognized here," Halverson said. "I dearly loved the opportunity I had serving and working with Soldiers."

Jones was inducted posthumously. He was represented by his son, Nicholas, 14. One of the former 513th MI Brigade commander's greatest military accomplishments was effectively leading more than 2,400 Soldiers and civilians into battle during Operation Iraqi Freedom – incorporating a "space-to-mud" intelligence architecture, enhancing operations at the joint-service Intelligence Exploitation Base.

"This is a great honor," said Jones' somber wife, Cynthia. "I'm mostly happy because it's one more thing our children (Nicholas and Lena, 12) can remember about their father."

"He was all about the Soldiers," she continued. "He brought every one of his Soldiers home from Iraq. Two weeks before he died (of a brain tumor) he was giving awards to his Soldiers in Kuwait."

King is credited with transforming the National Imagery and Mapping Agency into an elite combat support agency. He encouraged the intelligence community to integrate NIMA into its planning.

"This is a great honor for me," King began. "Looking at military operations today, there is no one out on a post in a foreign or domestic land without MI Soldiers standing nearby."

MI hosts Golf To



Story and phot

As part of the l telligence Corps 2 emony, guests and in a golf tournar View course on p

According to Robert Davies, th 16 teams compose was an 18-hole, b said. "We played v Blue format, which men to start at the at the Red tees. If or better, the who



The grill is working overtime for hungry patrons after the M Fame Golf Tournament.

s Hall of Fame urney

os by Anthony Reed out Staff

J.S. Army Military In-2006 Hall of Fame Cer-I honorees participated nent at the Mountain ost on June 22.

tournament director, e tournament featured ed of four members. "It est-ball scramble," he with the Red, White and ch basically allows the White tees and women the team scores a birdie le team moves back to

II Hall of

they forward to the next tees. We also included four mulligans per team, and a six-foot length of rope. The rope can be used to measure a missed two-inch putt, cut that much off of the rope and the team records a birdie."

The winning teams were:

1st Place: Garth Ellis, Memory Holland, Bob Kunz, Elmer Tadley

2nd Place: Tom McDermott, Jorge Arrendondo, Tony Torres, Eric Raymon 3rd Place: Jerry Jones, Randall Long, Sam Aguirre, Shawn O'Rourke

4th Place: Juergen Stark, Mike Higgs, Ron Wilson, Helocut Schaeffer

Last place team: Andrew Nolan,

the Blue markers. If they bogie or worse, Joseph Nolan, Dave Hufstedler, Mr. Patterson

> Individual accomplishments included:

> Men's Long Drive by Mountain View's own Brandon Denker

> Women's long Drive, Network Enterprise Command, 9th Army Signal Corps' chief of staff: Col. Marybeth Shively

> There was a sports car being offered to the golfer who could hit a hole-in-one, but no one could make that happen.

> Post Commander, Maj. Gen. Barbara Fast shot a 61 for the day and presided



Army civilian, attempts to putt at the MI Hall of Fame Golf Tournament.





Elijah Bussey, 6, practices his putting during the MI Hall of Fame Golf Tournament.



Memory Holland, JITC civilian, takes a swing during the MI Hall of Fame Golf Tournament.







Service News





Ultimate sacrifice in support of the Global War On Terrorism

Two Soldiers who were supporting Operation Iraqi Freedom died on Friday in the vicinity of Baghdad, Iraq, from injuries sustained when an improvised explosive device detonated near their HMMWV during combat operations. Both Soldiers were assigned to the 2nd Battalion, 502nd Infantry Regiment, 2nd Brigade Combat Team, 101st Airborne Division (Air Assault), Fort Campbell, Ky.

Killed were:

Staff Sgt. Mario Bievre, 34, of Constantinople, Ill.

Pfc. Paul Beyer, 21, of Jamestown, N.D.

Cpl. Riley Baker, 22, of Pacific, Mo., died June 22 while conducting combat operations in Al Anbar province, Iraq. He operations. Craig was assigned to was assigned to 3rd Battalion, 8th Marine Regiment, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

Pfc. Brian Bradbury, 22, of Saint Joseph, Mo., died June 22 in the vicinity of Naray, Afghanistan, when he encountered enemy forces using small arms fire and rocket-propelled grenades during combat operations. Bradbury was assigned to the 71st Cavalry Regiment, 3rd Brigade Combat Team, 10th Mountain Division (Light Infantry), Fort Drum, N.Y.

Staff Sgt. Heathe Craig, 28, of Severn, Md., died June 22 when his UH-60 helicopter hoist malfunctioned while attempting to evacuate Pfc. Bradbury during combat the 159th Air Ambulance Medical Company, Wiesbaden, Germany.

Sgt. Sirlou Cuaresma, 25, of Chicago, Ill., died in Baghdad, Iraq on June 21, from a non-combat related cause. Cuaresma was assigned to the 68th Engineer Company, 62nd Engineer Battalion, 13th Containment Command (Expeditionary), Fort Hood, Texas.

Sgt. Jason Buzzard, 31, of Constantinople, Calif., died in Baghdad, Iraq, on June 21 of injuries sustained when an improvised explosive device detonated near his HEMTT cargo truck during combat operations. Buzzard was assigned to the 2nd Battalion, 8th Infantry Regiment, 2nd Brigade Combat Team, 4th Infantry Division, Fort Hood, Texas.

Lance Cpl. Nicholas Whyte, 21, of Brooklyn, N.Y., died June 21 while conducting combat operations in Al Anbar province, Iraq. He was assigned to 3rd Battalion, 8th Marine Regiment, 2nd Marine Division, II Marine Expeditionary Force, Camp Lejeune, N.C.

Two Soldiers died in Gowardesh, Afghanistan, on June 21, when they encountered enemy forces using small arms fire and rocketpropelled grenades during combat operations. Both soldiers were assigned to the 3rd Squadron, 71st Calvary, 3rd Brigade Combat Team, 10th Mountain Division (Light Infantry), Fort Drum, N.Y.

Killed were:

Sgt. 1st Class Jared Monti, 30,

of Raynham, Mass.

Staff Sgt. Patrick Lybert, 28, of Ladysmith, Wis.

Two Soldiers died in the vicinity of Baghdad, Iraq, from injuries sustained on or about June 16. Both Soldiers were previously listed as Duty Status - Whereabouts Unknown. Their unit came under enemy small-arms fire while manning a checkpoint during combat operations, and both soldiers were taken by enemy forces. Both soldiers were assigned to the 1st Battalion, 502nd Infantry Regiment, 2nd Brigade, 101st Airborne Division (Air Assault), Fort Campbell, Ky.

Killed were:

Pfc. Thomas Tucker, 25, of Camp Pendleton, Calif. Madras, Ore.

of San Marcos, Texas

Four Marines who were supporting Operation Iraqi Freedom died. Cpl. Christopher Leon, 20, of Lancaster, Calif.

Lance Cpl. Brandon Webb,

20, of Swartz Creek, Mich.

Pfc. Christopher White, 23, of Willis, Texas, Southport, N.C.

Staff Sgt. Benjamin Williams, 30, of Orange, Texas

Leon died June 20 from wounds received while conducting combat operations in Al Anbar province, Iraq. He was assigned to 5th Air Naval Gunfire Liaison Company, III Marine Expeditionary Force, Okinawa, Japan.

Webb, White, and Williams all died June 20 while conducting combat operations in Al Anbar province, Iraq. They were all assigned to 1st Battalion, 1st Marine Regiment, 1st Marine Division, I Marine Expeditionary Force,

Two Soldiers died in Ar Ra-Pfc. Kristian Menchaca, 23, madi, Iraq, on June 17, when an improvised explosive device detonated near their HMMWV during combat operations. Both soldiers were assigned to the 40th Engineer Battalion, Baumholder, Germany.

Killed were:

Sgt. Reyes Ramirez, 23, of

Spc. Robert Jones, 22, of Milwaukie, Ore.

Two Soldiers died in Pech River Valley, Afghanistan, on June 16, when their all terrain vehicle struck an improvised explosive device during combat operations. Both soldiers were assigned to the 1st Battalion, 32nd Infantry Regiment, 3rd Brigade Combat Team, 10th Mountain Division (Light Infantry), Fort Drum, N.Y.

Killed were:

1st Lt. Forrest Ewens, 25, of Washington state.

Sgt. Ian Sanchez, 26, of Staten Island, N.Y.

One Soldier died on June 16, in Baghdad, while manning a checkpoint when he came under enemy small arms fire. The Soldier was assigned to the 1st Battalion, 502nd Infantry Regiment, 2nd Brigade, 101st Airborne Division (Air Assault), Fort Campbell, Ky.

Killed was:

Spc. David Babineau, 25, of Springfield, Mass.

Sgt . Brent Koch, 22, of Morton, Minn., died on June 16, in Ad Diwaniyah, Iraq, when an improvised explosive device detonated near his HMMWV. Koch was assigned to Company E, 2nd Battalion, 136th Infantry Combined Arms Battalion, Hutchinson, Minn.

Spc. Jeremiah Santos, 21, of Minot, N.D., died in Baghdad, Iraq, on June 15 of injuries sustained when an improvised explosive device detonated near his HMMWV during combat operations. Santos was assigned to the 2nd Battalion, 8th Infantry Regiment, 2nd Brigade, 4th Infantry Division, Fort Hood, Texas.

Sgt. Russell Durgin, 23, of Henniker, N.H., died on June 13, in Korengel, Afghanistan, when his unit took small arms fire. Durgin was assigned to the 1st Battalion, 32nd Infantry Regiment, 10th Mountain Division, Fort Drum, N.Y.

'The Jungle Book' to be presented July 15 at Murr CC

Auditions for the Missoula Children's Theater production of "The Jungle Book" are set for 10 a.m. - 2 p.m., July 10 at Murr Community Center. The production is an original musical adaptation of the Rudyard Kipling classic. Local students are invited and encouraged to

Approximately 50 to 60 local students will be cast to appear in the show with the MCT Tour Actor/Director. There will be roles for students entering 1st through 12th grades. There is no guarantee that everyone who auditions will be cast in the play.

Although not all cast members will be needed at every session, those auditioning must have a clear schedule for the entire week, and if selected, be able to

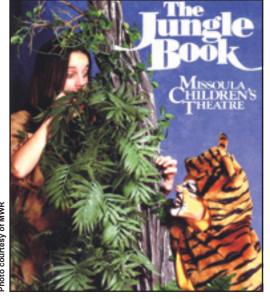
attend all rehearsals required for their role.

"The Jungle Book" will be presented at 7 p.m., July 15 at Murr Community Center. The performance will be open to the public.

The Missoula Children's Theatre is a non-profit organization based in Missoula, Montana. This year, more than 60,000 cast members across the globe will take to the stage to the delight and applause of their families, friends, community, neighbors and teachers!

Child and Youth Services is bringing the Missoula Children's Theatre to Fort Huachuca.

For more information, call Marty Johnston at 533-8437 or Carrie Bradke at 533-8347.



Youth Soccer Registration in progress

Registration and enrollment for the 2006/07 Child and Youth Services soccer season is now in progress at the CYS Central Enrollment Registration Office at Murr Community Center.

Formation of the soccer teams will begin on Aug. 19, with practices starting the week of Aug. 28.

The program is available for children 4-15. League age is determined by the participant's age on July 31, 2006.

Cost for the season will be \$40. Families enrolling multiple children pay \$40 for the first child and \$32 for each additional child.

A current physical and birth certificate are required at the time of enrollment.

For registration or enrollment information, please contact the CER Office 533-0738.

Coaches are needed for all age groups. Anyone interested in volunteering is encouraged to contact Child and Youth Sports and Fitness at 533-0711 or 533-8385.

Jeannie's Diner plans July 4 barbecue

Jeannie's Diner will hold an Independence Day Barbecue from noon to 5 p.m., Tuesday.

The following specials will be available: a hamburger with chips, \$1.40; cheeseburger with chips; \$1.50; and hot dog with chips, \$1.25. These specials will not be available for takeout orders. Everyone is invited to come join the fun.

For more information, call 533-5759.

July 4th Special at Desert Lanes

Desert Lanes will offer the following special, Tuesday, July 4th: You can bowl 4 games for the low price of \$4. Shoe rental will be \$1 that day.

Call 533-2849 for more information.

New arts, crafts classes

The MWR Arts Center will offer different arts and crafts classes for children 5 - 12, from 10 to 11:30 a.m., July 6, 13, 19, 20, 27 and 28.

Cost is \$8.50 per class per child. Pre-registration is required in person.

New adult classes include: a basic stained glass class which will be held from 3 to 5 p.m., July 6, 13 and 20 - cost \$75; a lapidary class, to be held from 3 - 5 p.m., July 11, 13 and 14 - cost \$50; a ceramic orientation class (pouring of molds) to be held from 1 to 3 p.m., July 11, 18 and 25 - cost \$27; a silver jewelry class, to be held from 3 to 5 p.m., July 25, 26 and 27 - cost \$100; and a pine needle basket class, to be held from 1 to 3 p.m., July 28 and 29 - cost \$50.

For more information about these and other classes, visit the Arts Center at the corner of Hatfield and Arizona Streets, Building 52008, or call 533-2015.

Summer hours at the Arts Center are 9 a.m. - 5 p.m., Tuesday - Saturday.

Moonlight Trail Ride set for July 11

Buffalo Corral Horseback Riding Stables will offer a Moonlight Trail Ride, from 7:30 to 9:30 p.m., July 11. Cost is \$13.50 for authorized MWR patrons or \$19 for civilians.

Reservations and prepayment are required by close of business the day before the scheduled ride.

The Corral also offers sunset trail rides 6 - 8 p.m., every Thursday. These rides are open to the public, ages 7 and up. Reservations and pre-payment are required by close of business Sunday before the ride.

For more information or to register for trail rides, call Buffalo Corral at 533-5220.

Pick up applications for Summer **Sports Series now at BFH**

The MWR Sports and Fitness Branch will host the annual Multi-Sport Summer Series beginning with the Steelhead Triathlon. The Triathlon will start at 6 a.m., July 22 at Irwin Pool.

This endurance event consists of an 800-yard pool swim, followed by a 13-mile bike ride on a paved course, and a final 3.1 mile run on a paved road. Deadline to sign up for the Steelhead Triathlon is July 21.

The second event is the 2-10-2 Biathlon, to be held starting at 7 a.m., August 19. This event consists of a 2 mile run, a 10 mile bike ride and a 2 mile run. Deadline to sign up for the 2-10-2 Biathlon is August 18.

The final event in the series will be the Mystery 10K Run to be held on September 9, also beginning at 7 a.m. Deadline for the Mystery Run is Sept. 8.

Participants may compete in one, two or all three events. Awards will be given to the top three finishers in several different age groups.

Entry forms are available now at Barnes Field House, or participants can register online at www. active.com.

For registration or general information, call 533-3858 or 533-5031.

Coaches' meeting for CC Track and Field set for July 17

The coaches' meeting for the Commander's Cup Track and Field Program will be held at 10 a.m., July 17 at Barnes Field House.

Units wishing to participate in the program should submit a letter of intent, with coach's name, duty phone and e-mail address, by close of business that day. Rosters are due July 24.

The program will be conducted beginning at 8 a.m., July 29 and 30 at Bujalski Field, next to Barnes Field House.

For more information, call George Thompson at 533-0040 or e-mail george.thompson-@hua. army.mil.

Beginners' golf clinic at MVGC

Mountain View Golf Course will offer a co-ed golf clinic for beginners from 5:30 to 6:45 p.m., July 11, 13, 18 and 20. Cost is \$60 per person and includes the use of clubs, range balls and five hours of instruction.

Space is limited to the first 16 paid entrants, so call 533-7088 to register.

Fort Huachuca Directorate of Morale, Welfare & Recreation

The Directorate of Morale, Welfare & Recreation is responsible for content appearing on the MWR page in The Fort Huachuca Scout. Questions about this section should be directed to MWR Marketing Director, Paula German at 538-0836 or send an e-mail to paula.german@hua.army.mil or visit us on the Web at mwrhuachuca.com

The Scout

Adopt-A-Cat Month is nearly over It's not too late to adopt a special friend

By "Boo" Linton

Special to the Scout

My name is Boo. I'm a furry diva with lots of purrsonality, but I'm also an adopted shelter cat. That's why I'm taking time out from my busy day of licking myself, napping and eating kitty treats to talk to you about adoption.

The American Society for the Prevention of Cruelty to Animals has declared June Adopt-a-Shelter-Cat Month and the American Humane Society is celebrating June as Adopt-A-Cat Month. As you can see, we cats are very, very important and maybe it's time for you to think about adding a feline companion to your household.

My mom wanted to give a shelter cat a good home and she adopted me from the Southern Arizona Humane Society in Tucson. Boy, did she make a great choice! According to the Berlin Longevity Institute, cats can add as much as 10 years to their owner's lives. Holy sardines, that's better than a day at the spa! Just picking up a cat has a nearly instantaneous calming effect on humans, causing blood pressure to drop and the heart rate to slow down. No wonder we were once worshipped as gods.

Unfortunately, there are nearly 70 million homeless cats in the United States. That's almost as many as the 75 million lucky cats that have homes like me. Imagine what it would be like if all those kitties could enjoy the luxurious lifestyle I have.

"Spring and summer are the time of year when animal shelters are often overflowing with cats of all ages, size and colors," said Maj. Chuck Dodd, Fort Huachuca Veterinary Branch chief. "In the spring, there are often several male cats that stray and become available for adoption. Later in the summer, we often see more female cats, as well as litters of kitten. We want to raise awareness of this month in order to find homes for these pets. By adopting one of these cats, not only are you giving a shelter cat a second chance, but you will also have a pet that will bring many years of love and devotion to your family." You can learn more about the Fort Huachuca vet clinic and their available kitties at http://www. petfinder.org/shelters/AZ96.html.

The ASPCA and the Humane Society have great resources for humans who are considering feline adoption (www.aspca.org or www.hsus.org). Kittens require a lot of time to help them socialize and they tend to get into everything. If you're looking for a calmer feline family member, you might want to consider adopting an older kitty. There are lots of handsome senior cats who already have great experience as human companions.

If you are gone a lot during the day, consider adopting more than one cat. That's what my mom did for me. I have two pesky adopted brothers. Some local shelters may even offer a discount on the adoption fees if you adopt two cats at once.

Before adopting a pure-bred cat, research the breed. The look of a certain kind of cat may be appealing, but the personality may the wrong one for your family. Siamese for example, are unusually vocal and require a lot of interaction with their humans. Persians, Himalayans and gorgeous Ragdolls like me are pretty laid back and we have soft, melodious voices. My little brother, B.B., is all alley cat but he is extremely entertaining and keeps the whole household on its toes.

Think about short versus long hair. If cat hair is an issue for you, a short hair cat is the better choice. My other brother Baxter has long, off-white fur. He sheds a lot. Just thinking about him makes me want to cough up a fur ball. Ack!

If you're ready to make the commitment of add-

ing to your family, visit one of our local shelters. It could be the beginning of a very beneficial relationship. Who knows, you may even wind up with a cat as fabulous as me!



Bisbee Blue (aka B.B.) and Baxter share brotherly love.

Boo sits at the computer while she works on her article.



Fit for Life Importance of Cardiovascular Fitness



By George Colfer

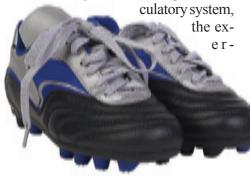
Cardiovascular fitness, also known as cardiorespiratory fitness, pertains to the effectiveness of the heart, lungs and circulatory system to provide the cells of the body with the necessary substances to perform work or activity for an extended period of time.

Of the five health-related components (cardiovascular fitness, strength, muscular endurance, flexibility and body composition), CVF ranks as the top for a healthy lifestyle.

The term aerobic activity, which means "with oxygen", is the key factor for CVF. One must be able to perform continuous activity at a heart rate which allows you to sustain the activity for its duration without going into "oxygen debt", which is termed anaerobic

Contrasting examples would be running a 5 or 10 kilometer run (aerobic) versus a 100-meter dash (anaerobic), an all-out effort of short duration.

To benefit your heart, lungs and cir-



cise must involve large-muscle groups so that the heart has to pump large quantities of blood. This makes more oxygen available to the muscles during exercise and increases their ability to use oxygen.

Activities such as brisk walking, running, bicycling, swimming, hiking, cross-country skiing, rowing, cardiovascular machines and endurance-type games are the modes of activity to produce CVF.

The basis for cardiovascular training is the frequency, intensity and duration of the activity. The American College of Sports Medicine and Centers for Disease Control and Prevention have established guidelines and recommendations for the quality and quantity of the exercise to develop and maintain CVF.

A brief summary is as follows:

A: Physical activity of moderate intensity for at least 30 minutes per day for five days or more per week. Moderate intensity is considered activity that causes "small or moderate changes in breathing and heart rate".

Activities such as brisk walking, some types of housework, gardening and bicycling for transportation may fall into this category. A guide for moderate intensity would be up to

60 percent of one's maximum predicted heart rate. B: Physical activity of vigorous per day for three days or more a week. Vigorous intensity is considered activity that causes "vigorous or large changes in the breathing and heart rate".

intensity for at least 20 minutes

Activities such as running, swimming, road or mountain biking, hiking (with climbing) and games like full-court basketball or soccer may fall into this category. A guide for vigorous intensity would be an MPHR of above 60 percent to 80 percent.

To develop CVF, one must be able to sustain the activity for the selected duration. This is referred to as your "Threshold of Training", which involves your Training Heart Rate or the percentage of MPHR at which you need to train. To obtain your MPHR, the simplest way is to take the number 220 minus your

age. Then multiply that figure by the desired percentage. The result is your Training Heart Rate. Since it is quite difficult to maintain a single heart rate throughout activity, another way is to establish a Target Zone. This is a range of the minimum to maximum for your training session. It is much easier to stay within a range and still provide the necessary work.

As you continue to improve your CVF, your Training Heart Rate will lower and drop out of your range, even though you are exercising the same. This is a sign that your heart and vascular system have adapted to the exercise and it is now time to increase the intensity, frequency or duration. As an example, you are running three miles at a ten-minute pace, three times weekly at a target heart rate of 70 percent.

When this becomes easy, you could increase the distance, say by one-half mile (duration) or increase the frequency by adding a training day or decrease your pace to nine and one-half minute mile (intensity).

In other words, run faster, run farther or run more days, but do not increase all three at the same time or you may become a victim of fatigue or burnout. One suggestion is to mix or alternate aerobic activities. As an example, run three days and bike or swim on two days per week. The ratio can be changed as needed. Keep in mind if a PT test is in the near future, be sure to focus your training on that activity until completed.

In order to maintain the training effect, exercise must be continued on a regular basis. Significant reductions in fitness levels occur within about two weeks after training stops.

The goals and physiological benefits of aerobic training for CVF are as

To lower resting heart rate

To increase stroke volume (amount of blood ejected per contraction by the heart)

To lower blood pressure

To lower blood fat levels (cholesterol, lower LDL, raise HDL) To lower body fat content (percent of body fat versus lean bodyweight) To increase caloric expenditure (for weight control) To maintain healthy, elastic arteries

The value of a strong and efficient cardiovascular system is that it forms the basis for all athletic and military performance as well as a healthy lifestyle.



The Fort Huachuca Scout®

Post Museum's Gift Shop offers more than t-shirts, mugs

Story and photo by Anthony Reed
Scout Staff

Visitors frequent this historic post regularly throughout the year. Upon departure, they often search for trinkets as a reminder of what they saw.

The Fort Huachuca Museum Gift Shop offers alternatives to simple t-shirts, refrigerator magnets and coffee mugs.

"We try to get things that people would like to take home as a remembrance of their visit and the rich history this post offers," said Bess Banister, who has been the gift shop manager for the past 26 years.

"When the gift shop first opened, it was merely a tiny room with very little of anything," she said. "The present building used to be a library."

Presently, Banister said, there are usually about 25 to 30 patrons per day with the months of February through April as the shop's busiest period, when "snow birds" [people who reside in Arizona during winter months] are in the area. "We also have loyal locals who visit year-round. We're not just open to military customers. We have many collectors who frequent the shop as well."

Patrons have a myriad of options in the shop. The Wood Department

features attractive boxes with handsome inlay work. There are Lazy Susans featuring tiled centerpieces. The shop also offers a new tile by Tessidre honoring the Buffalo Soldier. Wall clocks, framed tiles representing all branches of service, and pewter wind chimes with various military themes are available as well. There are unusual Nativity sets by April Romo De Vivar depicting Apache and Navaho tribes. In the extended jewelry section, there is a potpourri of items including new novelty watches. The former library also offers a wide array of books.

"We are well-supplied with gifts," Banister said, "and we also take special orders."

According to Banister, all profits from the gift shop go directly to the museum for improvements, and to acquire and maintain displays and equipment. The shop is run by an all-volunteer staff of 21 personnel – mostly retired Army wives. "It's hard to get in as a volunteer because no one ever quits," said volunteer Kathleen Jones.

The Fort Huachuca Museum Gift Shop is open Monday through Friday from 9 a.m. to 4 p.m., and weekends from 1 to 4 p.m. Call 458-4716 for more information.



Bess Bannister (left), gift shop manager and Kathleen Jones, volunteer examine a new shipment of jewelry the shop received.

Gift shop holds July sale — All regularly priced items that cost more than \$5 are 15 percent off on sale Saturday through July 31. Visit early for the best selection.

Camping season is here: Be bear aware. Prolonged drought could increase bear-human encounters.

Arizona Game and Fish Department release

The long-awaited prime camping season is here, and the Arizona Game and Fish Department wants to remind people heading into the cool, high country to be bear aware and keep a clean campsite.

"The root cause of most conflicts between bears and people, especially in camping areas, is food. Bears can't change their behavior, but people can," says Bruce Sitko, a Game and Fish Department public information officer in the Pinetop regional office. Prolonged drought and the subsequent decrease of food growing in the wild have Game and Fish Department biologists concerned about a possible increase in bear-human encounters this year. Bear calls are already on the rise from residents in some mountain communities.

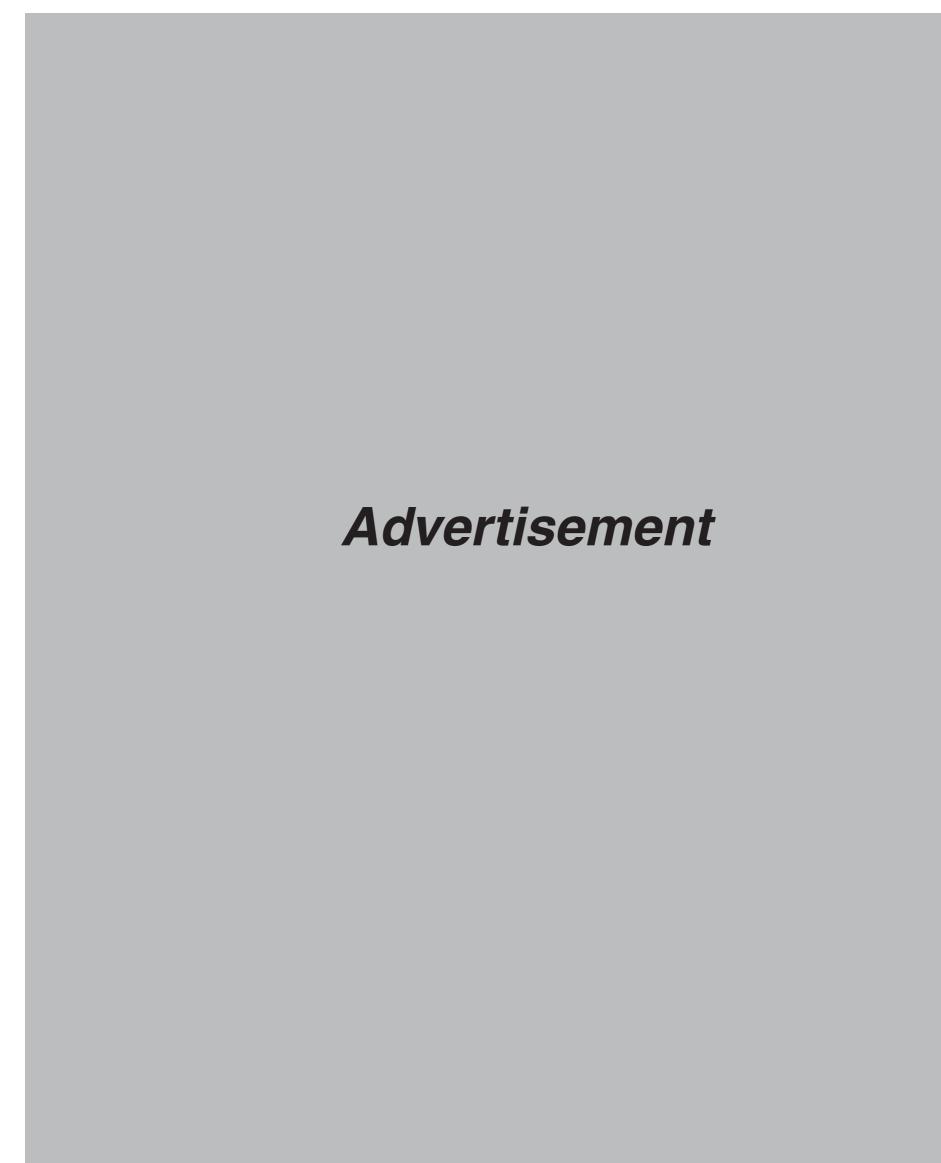
Officials say it is prudent for all outdoor recreationists to take the following precautions to minimize potential conflicts with bears and other wildlife:

- Never intentionally feed wildlife.
- Secure all garbage
- Keep a clean camp.
- Do not cook in your tent or sleeping
- Store all food, toiletries and other

- scented items well away from sleeping areas and unavailable to bears.
- Wash up, change clothing and remove all scented articles before retiring to your sleeping area.
- Walk or jog in groups. Pay attention to your surroundings when hiking, jogging or bicycling.
- Supervise your children and keep them in sight.
- Keep your pets on a leash--don't allow them to roam free. Or better yet, leave them at home if you can. Pets can easily get into conflicts with a wide range of wildlife from skunks to coyotes.



В4



2006 Citizen Police Academy

The next Sierra Vista Police Department Citizen Police Academy is coming up. Citizens interested in becoming more informed about the function of the police department in our community need to get their applications in right away. Classes begin from 6-9 p.m., Aug. 9, on Wednesdays for twelve

Students will be involved with numerous activities, including touring the police facility, hands-on simulated weapons training, evidence processing, and participating in a ride-along with an on-duty police officer. The program will also enable participants to express their own thoughts and concerns to police employees. Academy graduates will have an understanding and an insider's view of our law enforcement operations.

For more information or to obtain an application, visit www.ci.sierra-vista.az.us or contact the Sierra Vista Police Department at 452-7500.

Bisbee Farmers Market offers family oriented fun

The Bisbee Farmers Market is open in Vista Park from 8 a.m. to noon on Saturdays. To get to Vista Park from Sierra Vista, take Highway 92 or Highway 90 then Highway 80 to the Bisbee roundabout. Take the Bisbee Road exit and continue on to Vista Park

For information, call 234-3306 or email jackcannon2005@msn.com.

Summer reading program underway

Registration for the Sierra Vista Library's youth summer reading program is currently underway.

This year's summer reading programs are "Paws, Claws, Scales and Tales!" for children and "Creature Feature" for teens. The programs are designed to help children maintain their reading skills during

the recess from school. Children can participate by reading set goals – 30 reading hours for 1st grade through 6th and 40 hours for teens. The last day to register is July 1.

Once youth have read for the designated number of hours, they can pick up prizes. Reading logs contain all information.

For information, call 458-4225.

Sierra Vista Library youth summer programs

The following programs run on Thursdays from 10:15 to approximately 11 a.m. at the Sierra Vista Public Library, 2600 E. Tacoma Street. Seating is on a first come basis. Due to room size, parents and preschoolers are asked to visit the library during the programs.

June 29—Leadership & knowledge through the martial arts, AFP presenting.

July 6—Slithery and scaly snakes from Gray Hawk Nature Center

July 13—Bears, Bears, Bears—come learn about bears

July 20—Last Program–Grand Prize Winners announced.

For information, call 458-4225.

TOPS meets Tuesdays

Take Off Pounds Sensibly #AZ90 meets every Tuesday 6:15 p.m.at First Christian Church at Highway 90 and Kings Way, Sierra Vista. Weigh in begins at 5:30 p.m. TOPS offers a healthy, caring and supportive approach to weight control.

For more information, call Virginia Goings at 533-5522.

Summer event at the Main Post

Special summer events will take place on Wednes-

days, from 1-4 p.m. for youth in middle and high school. On 28 June 28 there will be a video games competition.

For more information, call Rosemary Pino at 220-9427 or 533-2366.

Get buggy at the Carr House July 9

On Sunday, July 9 at 1:30 p.m., join Carl Olson, the 'Bug Man' from the University of Arizona at Carr House as he shares pictures and tales about local insects. Olson is the author of "50 Common Insects of the Southwest."

The Carr House Visitor Information Center is open from 9 a.m. to 4 p.m. Saturdays and Sundays. The center is operated by the Friends of the Huachuca Mountains, a volunteer group affiliated with the Coronado National Forest.

Carr House is located about 2.25 miles up Carr Canyon Road, off Highway 92 adjacent to the Mesquite Tree parking lot. Turn right (west) and follow the road into the Huachuca Mountains. Bear left into the road fork into the parking lot.

Free, educational programs are offered at 1:30 p.m. every other Sunday.

For more information, call 378-1563.

Hummingbird banding here Sunday

The Hummingbird Monitoring Network will conduct bi-monthly hummingbird banding at the station on the Public Affairs Office grounds near Brown Parade Field Sunday. Those who live within a half mile radius of the gazebo on Brown Parade Field are asked to remove their hummingbird feeders at home and bring them inside from Saturday evening until noon on Sunday to encourage the birds to use the feeders at the PAO. Researchers are gathering data on the tiny birds to help humans better understand their behavior, migratory routes and longevity. They appreciate the cooperation of Fort Huachuca residents.

At The Movies

Showing at the Cochise Theater for the next week are:



Today -7 p.m.

Poseidon PG-13

Friday

Just My Luck PG-13

Saturday -7 p.m. Mission Impossible 3

PG-13

Sunday -2 p.m.

Just My Luck

PG-13

Monday - Wednesday

Closed

Reduced prices on Thursday evening and Sunday matinees.

Watch CAC

The Commander's Access Channel is your channel. We provide a window to the military community that you live in. Committed to the value of community television we are your source for military news and local information. We share in your successes and connect you to the events that are shaping your future. We're your channel ... Cable 97.



Pets Of The Week-



Mouse is a baby female domestic petfinder.com.



Bonnie is a medium-sized, young, Shorthair. Courtesy photo from female, Pit Bull Terrier. Courtesy photo from petfinder.com.

These animals and more are available for adoption from the Fort Huachuca Veterinary Treatment Facility. For more information, call 533-2767 or visit forthuachucapetfinder.com. In accordance with Army regulation, stray animals are kept for three working days to find an owner. After three days, they are either placed up for adoption or humanely euthanized. Strays are available for adoption for 30 days until they are euthanized.



Superheroes coming to Fort Huachuca Main Exchange

AAFES news release

On July 4, Marvel Comics' "The New Avengers" and the Army & Air Force Exchange Service will team up again to deliver another free, military-exclusive comic book to troops stationed throughout the globe.

The newest military-only installment and the third since Secretary of Defense Donald Rumsfeld unveiled "The New Avengers" at the Pentagon in February 2005, is scheduled to hit AAFES shelves, including 52 BX/PX facilities throughout Operations Iraqi and Enduring Freedom, just in time for Independence Day.

"At war and in peacetime, the exchange is there to provide troops with the service and merchandise they need to make their lives more comfortable," said the Fort Huachuca PX's General Manager Pete MacHott. "AAF-ES' existing infrastructure of Tactical Field Exchanges throughout the deployed area allows it to deliver familiar American products to troops serving in any corner of the world. From Bagram to Fort Huachuca, we go where the troops go."

Locally available at the Fort Huachuca Main PX, the third installment, titled "Time Trouble," once again features Marvel's superheroes "The New Avengers" which include Captain America, Nick Fury and Luke Cage. These characters, along with special guests, the X-Men and Spiderman, are sucked through a time portal to World War II, where they must take on the evil Kang.

Because of the highly collectible nature of the 36-page, military-exclusive comic and the anticipated demand, AAFES officials advise that "Time Trouble" will be available on a first-come, first-served basis. "Stop by and get your copy before the fireworks start," said MacHott. "Just like the first two comics ... when "Time Trouble's" gone, it's gone."